

Policy 2510: School Wellness

Status: ADOPTED

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School Wellness

The Yaak School District is committed to providing school environments that promote and protect children's health, well-being, and ability to learn, by supporting healthy eating and physical activity. Therefore, it is the policy of the Yaak School District that:

- The School District will engage students, parents, teachers, and other interested community members in developing, implementing, monitoring, and reviewing District-wide nutrition and physical activity policies and procedures.
- All students in grades K-8 will have opportunities, support, and encouragement to be physically active on a regular basis.
- Foods and beverages served at school will meet the nutrition recommendations of the *U.S. Dietary Guidelines for Americans*.
- The School will provide nutrition education and physical education to foster lifelong habits of healthy eating and physical activity.

The Yaak School health program will include:

1. Nutrition Education
2. Physical Activity
3. Other School-Based Wellness Activities

Legal Reference P.L. 108-265 Child Nutrition and WIC Reauthorization Act of 2004

United States Code References	Description
PL 108-265	The Child Nutrition and WIC Reauthorization Act of 2004
PL 111-296	The Healthy, Hunger-Free Kids Act of 2010